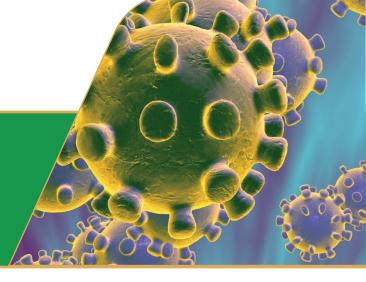
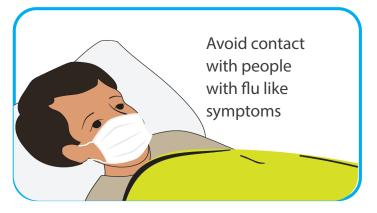


CORONA VIRUS (COVID - 19)



Protect yourself and your families from Corona Virus Infection:





Cover your nose and mouth with a tissue when sneezing and coughing or use flexed elbow



Dispose the used tissue immediately in a covered bin



Avoid touching eyes, nose and mouth with unwashed hands



Wash your hands with soap and water or alcohol based hand rub regularly.



Avoid crowded areas if you have to go outside.
Refrain from shaking hands.







1166



HELPLINE









